



### Contact Information

Website: [www.rsu.ac.th](http://www.rsu.ac.th)  
P2A Contact Person:  
Ms. Panpaporn Kanchanachat  
Phone: 662 997 2222-30 Ext. 3469, 3474  
Mobile: +66 84 924 5405  
Email: [P2A@rsu.ac.th](mailto:P2A@rsu.ac.th)

### Blackout Dates

Journeys not possible on these dates

From December 20 – January 10  
From April 10 - April 20

### Campus Information

Population: 32,000 students  
Accommodation: Private double rooms in dormitory on campus  
Meals: Cafeteria or around campus  
Shops: On-Campus  
Nearest Mall: Future Park 7 km  
Distance to Bangkok: 35 km  
Travel time to Bangkok: 45 min  
Public Transport: Pick-up and Taxis  
Internet: Free WIFI around campus  
Banking: Available On-Campus

### Country Information

Language: Thai  
Population: 67 Million  
Capital: Bangkok  
Currency: Thai Baht (THB)  
Visa: 1 month ASEAN visa on-arrival  
Government: Constitutional Monarchy  
Head of State: HM King Bhumipol Adulyadej  
Prime Minister: Prayut Chanocha  
Seasons: (Tropical Monsoon)  
Hot/Dry: March – June  
Hot/Rain: July – October  
Moderate/Dry: Nov – February  
Land Area: 513,000 sq. km  
GDP: USD 673 Billion  
Per Capita: USD 9,874  
Religion: Majority Buddhist, Minority Muslim and Christian  
Time Zone: Indo-China  
International Calling code: +66  
ISO 3166 Code: TH

# Passage to ASEAN Offering Rangsit University, Bangkok, Thailand

“Promoting One Caring and Sharing Society”



## About Rangsit University

Rangsit University is located 30 minutes north of the vibrant city of Bangkok and a great destination to experience Modern as well as Traditional Thailand. Rangsit is a leading private university with 32,000 students and famous for its many innovative programs in the fields of Medicine, Science, Technology, Arts, Music, Design and Management. Rangsit University is fully accredited by the Thai Government’s Commission on Higher Education and the only private university that was rated by the Office for National Education Standards and Quality Assessment as Very Good

## What can you expect from this Journey?

In this Journey you gain Knowledge and Understanding about Thailand and the Thai People. You learn about the differences and the similarities between Thailand and your own country and you will better understand the reasons behind different behaviors. You will do Community Services at the local Buddhist Temple, learn how to cook Thai Food or join the Muay Thai class. In this Journey you become part of the daily life in Thailand where tradition meets with modernization. You will make a lot of new friends and our P2A Ambassadors is ready welcome you to Rangsit University!

### Day 1

<b>Activity 1</b>	Breaking the Ice and “Before Video”
<b>Lunch</b>	Local Thai Food in the Student Cafeteria
<b>Activity 2</b>	Beyond Perception
<b>Dinner</b>	Local Food around campus
<b>P2A Talk</b>	Daily Reflection on today’s experiences

### Day 2

<b>Breakfast</b>	Local Breakfast in the student Cafeteria
<b>Activity 3</b>	Thai Kick Boxing Class or Thai Cooking Class
<b>Lunch</b>	Thai Cooking Class Lunch with your Thai Chef
<b>Activity 4</b>	Community Service - Giving Back to Society
<b>Activity 5</b>	Life and the Thai Market - Thailand’s Best Street Food
<b>P2A Talk</b>	Reflection on today’s experiences

### Day 3

<b>Breakfast</b>	Kao Tom Breakfast in the student Cafeteria
<b>Activity 6</b>	Adventure to Bangkok or Ayutthaya
<b>Lunch</b>	Lunch-on-location during the Field Trip
<b>Activity 7</b>	Reflection on the Journey and “After Video”

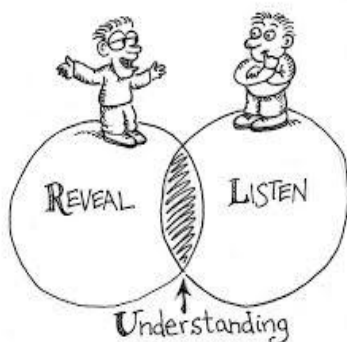
# P2A Program Activities

## Detailed Description and Objectives of Each Activity

### Activity 1 - Breaking the Ice & “Before Video” (3 hrs.)

*Time to get to know each other!* Upon arrival you meet with your P2A Coordinator and the Thai Buddies. In the Orientation we explain the program and do Ice-Breaking Activities to get to know your Thai buddies. They will be your true guide to understanding Thailand! After the Orientation P2A Students and Thai Buddies will shoot a “Before Video” to document the ideas and opinions they have about each other at the beginning of the Journey

**Objective:** To document existing perceptions of visiting students. The video is later used in the comparative analysis of the “After Video”



### Activity 2: Beyond Perceptions (3 hrs.)

In this interactive session you learn more about the factors that shaped culture and what the people in Thailand. In Beyond Perceptions P2A students share *their ideas* about Thailand and the people and Thai Buddies explain *the realities* about Thailand and the people. Students learn about each other countries by effectively validating or changing their pre-existing perceptions!

**Objective:** To discuss the unique characteristics of people and society and understand the reasons behind these characteristics. The ASEAN Game is pre-requisite

### Activity 3: Community Services - Giving Back to Society (3 hrs.)

In this activity you visit the local temple Wat Nawong and experience the Buddhist Way of Life. Thai temples are the center of local communities where people go for merit-making, advice from monks, school, rehabilitation and prayer. At Wat Nawong you will join daily life and do community services. Maybe you help with the maintenance of the temple or teach young kids about your country. Thai people call this “Making Merit.”

**Objective:** To understand the role of Buddhism in Thai Society and the concept of Making Merit by helping locals in the temple. This is not a religious activity but to understand a vital part of Thai Life



### Activity 4: Thai Kick Boxing or Thai Cooking (2 hrs.)

*Time to become an expert!* In this activity you can choose Thai Kick Boxing or Thai Cooking. Thai Kick Boxing or Muay Thai is a form of self-defense. In ancient Thailand this was used in battle but today it is Thailand’s National Sport. Different forms of Muay Thai can be found in Myanmar, Laos, Thailand and Cambodia. In Thai Cooking you learn from our Thai Chef about the different Thai dishes, spices, and ingredients and together you will cook your very own Thai lunch!

**Objective:** To hands-on join activities that play a major role in daily life, and to understand the influence of neighboring countries on these activities

### Activity 5: Life and the Thai Market (1 hrs.)

*Get ready to try something new!* The Thai Market is a very important place where people meet friends, shop, eat and socialize. Talad Thamassat is an original Thai market with a traditional way of life. Explore the many shops, watch people and go shopping for your dinner. The Thai Market offers some of the best local food in Thailand. Thai Buddies will show you the different kinds of foods and encourage you to try new tastes

**Objective:** To experience similarities and differences between the market place in the home country and Thailand and to understand the importance of Food in Thai Life





## Activity 6: Adventure to Bangkok or Ayutthaya

*Pack your camera!* It's time to go on trip to Thailand's important cultural sites. You can choose to go to Ayutthaya, the ancient capital of Thailand with many UNESCO heritage sites. You learn about the ancient way of life and you will ride your own elephant. You can also choose to go to the City of Angels, Bangkok. With the BTS Skytrain and Taxi River Boats you explore this amazing city including the beautiful Wat Pho and Siam Square, the favorite hangout of Thai students

**Objective:** To experience daily life in Thailand and to see how Thailand evolved into the country it is today

## Activity 7: "After Video"

At the end of this P2A Journey you will work together in small groups to shoot the "After Video". In this video you will share your experiences and compare your ideas Before the Journey and After the Journey. The clip will show what visiting P2A students and Thai Buddies learned and how their ideas and opinions (perceptions) about each other may have changed during the Journey.

**Objective:** To make a comparative analysis of the perceptions before and after the Journey by means of a video documentary



## P2A Add-Ons

Additional Options for P2A Journeys

### Add-on 1 Chao Praya Boat Trip 850 Baht pp

This trip take students through the heart of Siam, the Chao Praya river, which runs from the north to the south, through Bangkok. The boat tour runs twice per day at 8:15am - 11:45am (BKK-Ayuthaya) and 1.30pm - 3:45pm (Ayuthaya-BKK). You will experience the simple living of people on the river, their homes, and many historic buildings. You will see the lush green paddy fields contrasting with the growing industrial areas. This trip includes a buffet lunch on board.

### Add-on 2 Real Bangkok by Bicycle 1,050 Baht pp

This unique 3-hour tour takes you on a bicycle ride to the Real Bangkok. You will go to Chinatown, passing local markets and backstreets where people sell everything from Buddhist amulets to recycled truck engines. Then you leave the busy city and cross the Chao Phraya River to Thonburi, the historic third capital of Thailand, to see the very different and peaceful life of locals living in the country side. In Real Bangkok by Bicycle you have a chance to see Bangkok in a really unique way. A way to experience the Real Bangkok.

### Add-on 3 Baan Kwai (Buffalo Village) Home-stay 1,700 Baht pp

Occupying over 27 acres land, this water buffalo preservation area not only contains a water buffalo ranch, but also features the authentic rural lifestyle of farmers in Thailand's central region. Watch the daily activities of farmers such as rice-threshing, and explore traditional Thai homes on stilts. Various areas feature different types of folk knowledge such as traditional Thai medicine, traditional Thai massage, indigenous herbs, and Thai astrology. Visitors can also enjoy half-hour buffalo shows throughout the day

Add-Ons subject to availability. Content, fees and conditions may change. contact the P2A Office for details